



## Personal Health History Form

Which of the following are you currently being treated for or have been treated for in the past (check all that apply)

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> High cholesterol    | <input type="checkbox"/> Lung problems       | <input type="checkbox"/> Hepatitis/Liver problems | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Sinus problems      | <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Neurological Problems    | <input type="checkbox"/> Thyroid disease     |
| <input type="checkbox"/> Cancer: Type: _____ |  |   |  |

Please list any current or past medical problems not listed above;

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Have you ever been hospitalized; if so list date, hospital, and reason;

Date	Hospital	Reason
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Have you ever had surgery; if so please list date of surgery, what surgery, reason;

Date	Hospital	Reason
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Are you currently taking any medications, prescribed or Over-the-counter, if so please list the medication, strength and how many times you take the medication;

Medication	Strength	How often
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Do you have any allergies to medications; Yes No  
Please list any allergy and reaction/side effect;

Medication	Reaction

Do you have any illness or disease in your family, if so please list below;

Disease/illness	Relation

Have you or do you currently smoke: Cigarettes Marijuana Vape/e-cigarettes Cigars  
How often do you smoke: Daily Weekly Socially  
When did you start smoking: \_\_\_\_\_  
When did you stop smoking: \_\_\_\_\_  
Do you plan to quit smoking: Yes No  
Do you need assistance to quit smoking: Yes No

Do you drink alcohol: Yes No  
How often: 2-4 times a month 2-3 times a week 4 or more times a week

What is your employment status: Employed Unemployed Retired Disabled Student

Please list all your current/past occupations:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any **pets/birds** in the home? If so, what kind and how many?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_